

The Seawolves Café



Fresh Baked Goods

Bagel with Cream Cheese	1.39
Bagel	0.99
Cinnamon Bun	1.99
Muffin	1.59
Scone	1.79
Brownie	1.99
Cookie	1.35
Pop Tarts	1.08

Entrees

Meatballs	4.39
Hot Wings	5.75
Mac and Cheese	4.90
Stuffed Shells	4.59
Soup of the Day	1.25
Chowder	1.95

Sandwiches

Made Fresh Daily
Prices range \$1.89-\$4.19

Garden Fresh Salads

Chef Salad	4.69
Chicken Caesar Salad - Large	4.49
Chicken Caesar Salad - Small	2.19
Caesar Salad	3.39
Tossed Green Salad - Large	4.19
Tossed Green Salad - Small	2.19

Fresh Fruit and Veggies

Fruit Cup	2.39
Carrot/Selery Sticks	2.29
Yogurt Parfait	2.59
Yoplait	1.00
Fresh Fruit	0.89
Cheese and Grapes	2.39

Snacks

Pudding	2.39
Jello	1.59
Tropical Snacks	2.49
Microwave Popcorn	1.00
Assorted Chips	0.89
Snack Packs	0.69
Cereal Bars	.40-1.08

Beverages

Bottled Soda	1.29
Tazo	2.49
Frappaccino	2.19
Juices	1.79
Aquafina Water	1.27
Poland Spring Water	1.00
Milk	1.25
Chocolate Milk	1.25
Strawberry Milk	1.25
Pure Leaf Ice Tea	1.45
Sobe	1.99
Gatorade	1.39

Green Mountain Coffee

Small	1.00
Medium	1.25
Large	1.50
Hot Cocoa	0.79
Hot Tea	1.38